

Hospitality with Dignity and Love



Wellspring Women's Center

Kitchen Renovation

Wellspring needs our help to continue to serve food to over 200 women and children every day!

Wellspring has served as a drop-in center for women and their children in Oak Park for almost three decades.

Over a good breakfast, friendships are forged and anxieties are heard, hands are held and hugs are free. There are no judgments, only love and acceptance.

The **Wellspring kitchen** is the glue that ties this unique and diverse community of women together.



BUT...the kitchen is tired and out-dated, and needs much work to meet applicable building and health/safety code requirements.



**LEADERSHIP
SACRAMENTO** 
a program of the metro chamber

A Leadership Sacramento project for 2016.

LS16 Kitchen Renovation

Sponsor Levels

Demolition Sponsor - \$10,000

- Naming rights of the renovated Wellspring Women's Center Kitchen (limit of 2 available)
- Behind-the-scenes tour of renovated Wellspring Women's Center kitchen
- Company logo on plaque in renovated kitchen
- Company logo on Wellspring Women's Center website
- Mention on Wellspring Women's Center and LS Facebook pages
- Invitation to kitchen Grand Opening event
- Company logo included in all marketing materials for Grand Opening event

Remodel Sponsor - \$5,000

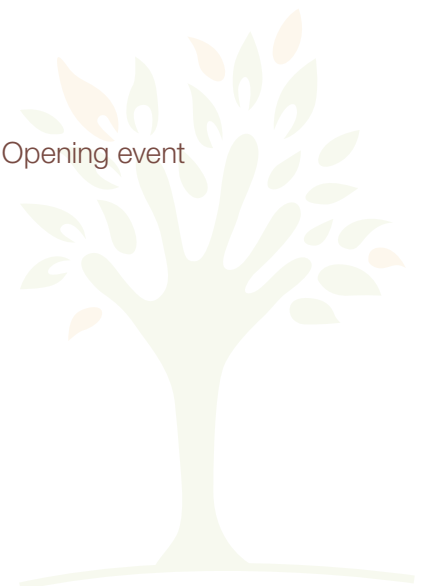
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- Invitation to kitchen Grand Opening
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Restoration Sponsor - \$2,500

- Company name on plaque in renovated kitchen
- Company logo on Wellspring Women's Center website
- Mention on Wellspring Women's Center and LS Facebook page
- Invitation to kitchen Grand Opening
- Company logo included on all marketing materials for the Grand Opening event

Makeover Sponsor - \$1,000

- Company name on plaque in renovated kitchen
- Company logo on Wellspring Women's Center website
- Mention on Wellspring Women's Center and LS Facebook page
- Invitation to kitchen Grand Opening



LS16 Kitchen Renovation Supporter Levels

Oven Supporter - \$500

- Individual/Company name on Wellspring Women's Center website
- Mention on Wellspring Women's Center and LS Facebook page
- Invitation to kitchen Grand Opening

Microwave Supporter - \$250

- Individual/Company logo on Wellspring Women's Center website
- Individual/Company mention on Wellspring Women's Center and LS Facebook page
- Invitation to kitchen Grand Opening

Plate Supporter - \$100

- Individual/Company mention on Wellspring Women's Center and LS Facebook page
- Invitation to kitchen Grand Opening

Fork Support - \$50

- Individual/Company mention on Wellspring Women's Center and LS Facebook page



“Wellspring is a place of warmth. If the choice you've chosen isn't a good one, they don't judge you. You can come in and they feed you. If they can help you, they help you.”

Salma— Wellspring guest for 15 years (this bear is her buddy).



“Wellspring Women's Center is fighting the fight – to heal people whose lives are often perceived as mired beyond hope.”

**Lisa Wrightsman — Wellspring Board member, Advocate,
& Street Soccer USA Program Director.**

LS16 is in the planning phase of this project, benefits listed above may change or be substituted for other benefits due to a change in project scope. We will update donors through email at our earliest opportunity.

Wellspring Women's Center uniquely focuses on the well-being of the whole person by inspiring the mind and nourishing the body. Wellspring contributes to a healthier, safer, and happier community by providing food, counseling, classes and resources in a supportive environment.

☺ The Wellspring promise is to provide “hospitality with dignity and love.” There are NO judgments.

- Any woman or child who comes into Wellspring is accepted and treated with respect, regardless of their background or situation.

☺ By creating a safe, female-focused community, Wellspring reduces feelings of isolation and loneliness, feelings that can lead to long-term negative effects on mental health.

- Regular social connectedness with a community of “sisters” reduces social anxiety, and daily contact with other women in similar circumstances promotes a sense of purpose.

☺ Wellspring provides each first-time visitor with individual attention to determine immediate/essential needs.

- Providing what is needed, when it is needed — from toothbrushes, to bus passes, to sewing lessons, to hugs.

☺ Wellspring is entirely funded through individuals and organizations.

- No government funding allows Wellspring to serve ALL women and children.

☺ Wellspring wishes to maintain its current level of operation.

- 200 women and children a day receive a nutritious breakfast and engage in social activities where each guest is **seen as a person**.

“This is a place where you can be yourself, fall apart if you want to and they are going to help you, piece by piece put yourself back together. They will listen to every one of your problems no matter how silly they are.”

Pam — Wellspring guest

(Formerly homeless, Pam was able to get housing through Wellspring’s partnership with SHRA’s Shelter Plus Program. It has afforded Pam a chance to reinvent herself.)

For more detailed information about this project — the process, where we began, where we are, and where we intend to end up, please contact any of the following people:

Lindsay Kennedy lindsay.kennedy@nationwide.com, **Chad Roberts** croberts@hsmlaw.com (LS16 Co-chairs), **Jenaye Shepard** jenaye.shepherd@lls.org or **Angela Terry** angelascog@gmail.com on the fundraising committee. Tours of the building can be arranged through Lindsay or Chad.

Please make checks payable to ‘**Wellspring Women’s Center**’ and enter ‘**LS16**’ in the memo line.
Mail to: **Wellspring Women’s Center Attn: Yolanda Halik** P.O. Box 5728 Sacramento, CA 95817

Thank you for your support.

